#### Curriculum Vita

Mary Louise White, PhD, RN, MSN, APREC, FNP University of Detroit Mercy College of Health Professions McAuley School of Nursing 4001 W. McNichols, CHP #329 Detroit, MI 48221-3038 313-993-2482 (office) 24897-4017 (cell) whiteml@udmercy.edu

### LICENSES AND CERTIFICATION

ΕΠΙΓΑΤΙΟΝ	
Professional Certificate in Online Education University of Wisconsin	2014to Present
Nurse Practitioner, Special@ertification Identification Number: 4704134633	2002 to Present
American Nurses Credentialing Center, Family Nurse Practitioner Certification Number0377631	2002 to Present
MichiganNursing License, Number: 4704134633	1980 to Present

EDUCATION

#### ACADEMIC EXPERIENCE

University of Detroit Mercy, College of Health Professions, McAuley School of Nursing, Detroit, Michigan Professor Pre2018-Associate Professorith Tenure Assistant Professorenure Track Adjunct Professor

Graduate Assistant

2010 to 2018 2004 to 2010 2002 b 2004 2000 to 2002

Teaching responsibilities as Professor (201Bresent)

- x Graduate level theory classes to students in the Doctor of Nursing Practice program
- x Graduate level Advance Pharmacology to Nurse Practitioner and Certified Nurse Specialist students(Course director)
- x Graduate level Advance Pathophysiology to Nurse Educator, Nurse Practitioner, and Certified Nurse Specialist, Physician Assistant studeotsurse director)
- x Graduate Level Health Promotion to Certified Nurse Anesthetisysician Assistant, and Health Service Administration studentsourse director)
- x Research Methods Graduate Physician Assistant and Health Stadinioneistration

Teaching responsibilities as Associaterofessorwith Tenure (2010 - Present)

- x Graduate level theory classes to students in the Doctor of Nursing Practice program
- x Graduate level Advance Pharmacology to Nurse Practitioner and Certified Nurse Specialist students(Course director)
- x Graduate level Advance Pathophysiology to Nurse Educatorse Practitioner, and Physician Assistant studen(Course director)
- x Graduate evel Health Promotion to Certified Nurse Anesthetist, Physician Assistant, and Health Service Administration studen(Sourse director)
- x Graduate LevelHealthCare Policy and DeliverCertified Nurse Anesthetist, Physician Assistant, and Health Service Administration students
- x Undergraduate level Professional Practice from a Mercy and Jesuit Perspective to second degree option students
- x Undergraduate leveleadership in Transformational Pract(Course developer/director)
- x Undergraduate Pharmacology to the traditional BSN stu(*Cots* se developer/director)
- x Undergraduate Pharmacology to the traditional BSN students (Course developer/director)
- x Undergraduateevel Transition to the Professional Nurse to BSNc Students
- x Undergraduate level Project development PhaseChoosing your Research Foctors BSNc Students
- x Undergraduate level Project development Phasker@lementation Plan to BSNc Students
- x Undergraduateevel Project development Phase Blethodsto BSNc Students
- x Undergraduate level Project development Phas Dissemination BSNc Students
- x Advance Med/Surger/both didactic and clinical;
- x Lecturer for PharmacologandPathophysiology
- x Physical Assessment; and Evidenced Based Culturally Competent Care.
- x Clinical instructor on a nephrology/hemodialysis unit at SGraice Hospital.

Mary L. White -

In addition to the general responsibilities as stated above, the Director of Research and Scholarship and has the following specific duties:

- x The Director articulates the goals of Scholarship and Research in collaboration with programs in the CHP and MSON. Leads the Scholarly Initiative Team.
- x The Director nurtures community partnerships and maintains a climate that is hospitable, caring and encourages faculty engagement and participation in scholarship and research within those institutions.
- x The Director Collaborations with appropriate administrative staff and faculty on developing and annual research day for the CHP/MSON
- x The Director is receptive to questions, suggestions, critiques from faculty on needs assessment with regards to Scholarship and Research.
- x The Director is ready to assist faculty in any roadblocks within the Scholarship and Research process
- x The Director is responsible for commending equipment, supplies for purchase projecting space and equipment needs for conducting and nurturing research in the CHP/MSON
- x The Director conducts regular meetings with faculty and to motivate and encourage them to conduct Scholarship and Resech on topics that can advance the science of healthcare.
- x The Director will distribute information to the faculty and staff on upcoming opportunities to present research findings at conference and meetings locally, nationally and internationally.
- x The Director will assist faculty and student collaboration with those interested in Scholarship and Research projects.
- x The Director will collaborate with Faculty Research and Development (FRAD) committee in compliance with the UDMPU.
- x The Director will work as a liaison with grant coordinators at UDM (University of Detroit Mercy)
- x The Director will engage in intercollegiate Scholarship and Research and act as the catalyst to nurture this relationship as a liaison to the Dean and Associate Dean.

## **Program Outcomes**

The Director will work collaboratively with MSON/CHP committees, Dean, Associate Dean CHP/MSON, and the university to implement, monitors, and share outcomes of research by faculty and students that will advance the science of healthcare locally and nationally

- x The Director will monitor research activities to encourage that findings are published or presented.
- x The Director will act as a liaison to assist faculty to conduct research in an equitable and ethical manner.
- x The Director will work with Dean, Associa Dean to ensure the mission and community partnerships are nurtured in the area of Scholarship and Research.

- o Recruited nurses on all three shiftsven days a week
- x Instituted four meetings teconnect noncompleters from prior program to fittistir programs
- x Developed articulation agreements with community colleges
- x Responsible for budget
- x Academic advisor to transfer students in RN/BSN program Developed electronic tracking to maintain contactivith students throughout their programs
- x Created a new advising form
- x Coordinated with support staff
- x Supervised RNBSN Research Projects
  - o The Influence of Copy and Paste in the Health Care System
  - o Putting the squeeze on SCDs
  - o Incivility of ADN and BSN
- x Taughtclasses in program
  - o Undergraduate level Transition to the Professional Nt/setu(le 1)
  - o Leadership and Transformational Practice (Module 2)
  - o Assessment for the Practicing Nurse (Developed Module 3)
  - o Clinical Inquiry and Management (Module 3)
  - o Undergraduate level Projecte Delopment Phase 1Ghoosing your Research Focus
  - o Undergraduate level Projecte Delopment Phase 2mplementation Plan
  - o Undergraduate level ProjecteDelopment Phase 3Wethods
  - o Undergraduate level ProjecteDelopment Phase-4Dissemination

# PROFESSIONAL PRACTICE EXPERIENCES

University Health Clinic, University of Detroit Merc Detroit, MI 20072015

- x Nurse Practitioner
- x Providing primary care to college students from diverse cultural backgrounds
- x Diagnosis, treatment, and referral for health issues across the medical spectrum.
- x Educational programming to encourage healthy lifestyle activities to student population.

Dr. Mark Zahoury, DO, Internal Medicin, Troy, MI 2006

Nurse Practitioner

- x Evaluation and management of adult complex patient care in an internal medicine practice.
- x Health promotion and education to help patients understand their current diagnosis and prevent future health issues.
- x Coding and billing of patient forms.

Birmingham Family PracticeBirmingham, MI 1991 - Present

NursePractitioner/Manager

- x Hiring and trainingof office staff
- x OSHA and MIOSHA compliance
- x Client care and scheduling

William Beaumont Hospital, Royal Oak, MI 1989 – 1990 Cardiac Catherization Laboratory Mary L. White -

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White, M. L. (2010). Development of an instrument to measure spiritual selfare practices. Wayne State University College of Nursing Ranste Day. March 31, 2010. Detroit, MI.

White, M. L. et al., (2010). Examining the effectiveness of two solutions used to flush

White, M. L. (2021). Topic was The Influence of Spiritual SetCare Practices and Resilience on Health and WelBeing for Nursing Student's 58

White, M. L. (2020). Faculty Caring Guidance Program Based on Watson Caring Science Presented at the 26th International Carcessortium UnitaryCaringScience:Throwing the RoadOut AheadAmidst Global Pandemic. Virtual.

White, M. L., McCune, R., & SherrickEscamilla S. A. (2020). The Influence of Spiritual Self-Care Practices and Resilience on Health and Webeing for Nursing Students Theory: White's Theory of Spirituality and Spiritual Self-Care. November 4-5, 2019, Nursing Theories: Moving Forward Through Collaboration, Application and Innovation International Conference. Washington, DC.

White, M. L. (2019). The Influence of Spiritual SelfCare Practices and Resilience on Health and Well-Being for Nursing Students Theory: White's Theory of Spirituality and

White, M. L. (2022). Caring science and spiritual selfcare

White, M. L. (2012). Spirituality selfcare effects on quality of life for patients diagnosed with chronic illness. Bulletin Luxembourgeios des Questions Sociales Congress P, 299e 285-304.

White, M. L., Crawley, J., Renne, E., Lewandowski, L. (20 Ethamining the effectiveness of two solutions used to flush capped pediatric peripheral.libres nal of Infusion Nursing. 34(4). 260-270. doi: 10.1097/NAN.0b013e31821da29a

White, M. L., Peters, R., & Schim, S. (2011). Spirituality and Spiritual-**Self**e: Expanding Self-Care Deficit Nursing Theory. Nursing Science Quarterly, 24(1), 48-56. doi:10.1177/0894318410389059

White. M. L., & Groh, C. J. (2007). Depression and quality of life in women after a myocardial infarction Journal of Cardiovascular Nursing, 2(2); 138-144.

Other Scholarship Activities Member Nurse Residency Advisory board – Henry Ford Macomb Member of Research Advisory Boardlenry Ford Macomb Reviewer – Religions — Open Access Theology Journal Co-editor – SelfCare, DependenCare & Nursing, The Official Online Journal of the International Orem Society

HONORS/AWARDS

x University of Detroit Mercy Faculty Excellence Awald thite, M. L. (2021)

- x Best Poster AwardWhite, M. L., Groh, C., Allen, W. (February 28 to March 1, 2019).
  Presentation at the ANMichigan Conference and Annual Meeting, Grand Rapids, MI,
  "Improving Health Outcomes for AfricaAmerican Hypertension Patients Using Spirituality and Spiritual SelfCare in a Faith Based Setting" ()
- x Institute for the Biocultural Study of Religio(2011). White, Mary L, Rosalind Peters & Stephanie Myers Schim. 2011. Spiritugaliand spiritual selfcare: expanding selfare deficit nursing theory. Nursing Science Quarterly 24(1). 48-56. doi:10.1177/0894318410389059. Retrieved from file:///G:/articles/IRR\_201101%20(2).pdf.
- x Park named for Mary L. White by City of Huntington Woods in honor50 \$\phi\_2\$ ars of public service.
- x State of Michigan Special Tribute to Dr. Mary White for 21 outstanding years in public service
- x Oakland County Board of Commissioners Proclamation honoring Huntington Woods Mayor ProTem and City Commissioner Dr. Mary White for distinguished service
- x Proclamation from City of Huntington Woods recognizing the public service of Dr. Mary Louise White
- x Graduate School Summer Intern Fellows Aupard. Wayne State Univeity, Detroit, MI.

- x Dissertation Research Award. Monetary award to help with dissertation expenses.
- x State of Michigan Nursing Corp. Grant for Tuition. Twee grant.
- x Received monetary scholarship from Sigma Theta Tau, Lambda Zeta Chapter, to attend 18 International Nursing Research Congress Focusing on Evidence Practice.
- x Received monetary scholarship from School of Nursing, Wayne State University, to attend the MNRS Conference in Omaha, Nebraska.
- x Recipient of the Family Nurse Practitioner Student Award of Academic Excellence
- x American Heart Association Volunteer of the Year Recipient
- x Tell Me About Your Heart Day Elementary Education Awfarcoth American Heart Association Southeast Oakland County
- x Sigma Theta Tau, Lambda Zeta Chapter Research Award
- x President Emeritus Sigma Theta Tau, Lambda Zeta Chapter

## NURSE EXPERTISE

Participated in the National League for Nursing (NLN) and Professional Examination Service (PES) for

- x City of Huntington Woods Recreation Chair for Fourth of July Parade
- x Berkley School District Building Advisory Board Committee Member
- x Berkley School District Environmental Safety Committee Chair

Founding Member:

- x Tri-County Coalition: Berkley, Huntington Woods, and Oak Park, Michigan, a substance abuse prevention organization.
- x Women's American ORTHuntington Hill Chapter; held the offices of program chair, foreign affairs, and president
- x City of Huntington Woods Recreation Expansion

## Life Member:

- x University of Detroit Alumni Association
- x Wayne State Universit/klumni Association
- x Trout Unlimited
- x Sigma Theta Tau: President Emer, ilus mbda Zeta Chapter

## Member:

- x Hope Village Initiative, Focus Hope, Advisory Board Member.
- x Huntington Woods Resident Association: Past President
- x American Heart Association of Southeastern Michigan, Oakland Chaptest: President, Community Outreach Coordinator, and Guest Lecturer.
- x Beth Shalom Synagogue, Oak P**avk**; Former member Executive Board of Directors; member of the Budget and Finance Task Force.
- x Burton School P.T.A.: Frequent volunteer; Ticket ChaBurton Ice Cream Social, Chair of Personal and Safety Awareness Committee.

# CONTINUING EDUCATION

- x Planning committee for 26th International Caritas ConsortiuntalynCaring Science: Throwing the Road Out Ahead Amidst Global Pander2020.
- x Steering Committee for International Collaborative Theory Conference, Washingto(2009).
- x Caritas Coach Education Program, Watson Caring Science In Stante Francisco. October 2018 to May, 2019.
- x Journey Within: Nurture Your Inner Self Conference on Friday, March 23, 2018
- x 14th Annual Nursing Research Conference 2018, Cleveland Clinic, Cleveland, OH
- x Pharmacology for Advanced Practice Cliniciasan Francisco, CA. A comprehensive course that addresses the pharmacology and therapeutic uses of current medications used for primary care, as well as common clinical issues and concerns related to presable.
- x University of WisconsirMadison: Professional Certificate in Online Education. Program provided instruction on designing and implementing online courses, and assessing online learners to maximize the effectiveness of online courses. 2014
- x National Lilly Corference on College and University Teaching at Traverse City20413
- x University of Detroit Mercy -Women in the University of Detroit Mercy Leadership Sem20212
- x Fitzgerald Health Education Associates, Inc. Oakbrook 20110

Six day advanced intensive pharmacology course for advanced practice nurses and nurse practitioners.

- x NCLEX Test Question Development at UD2010
- x University of Detroit Mercy, McAuley School of Nursing, and Lambda Zeta Chapter of Sigma Theta Tau, Current Practices in the Management of Pain. 2010
- x Sigma Theta Tau Pain Management Conference. 2010
- x Midwest Nursing Research Society Annual Meet 20010
- x Children's Hospital Evidencebased Practice Conference. 2009
- x NCLEX Teleconference at UDM2009
- x Sigma Theta Tau's 18th International NogsResearch Congress, Vienna, Austria Evidebased Practice 2007
- Michigan Council of Nurse Practitioners, Troy MI Primary Care Conference 2006.
  University of Detroit Mercy, McAuley School of Nursing, and Lambda Zeta Chapter of Sigma Theta Tau, Curre Practices in the Management of Pal006
- x Medical Education Collaborative (Columbia University College of Physicians and Surgeons) Women's agenda targeting cholesterol in heart dis
- x Michigan Nurses AssociationFamily practice immunization update005
- x Michigan Nurses Association Diabetes standards of care: The Michigan diabetes outreach model. 2005
- x Michigan Council of Nurse Practitioners he everchanging ties in health care: Plotting the course of advanced practice nursin 2005
- x Michigan Council of Nurse Practitioners/Where nursing is nov2005
- x National League of Nursing Improving confidence in the results of classroom multipleice exams 2004
- x University of Detroit Mercy, McAuley School of NursingEvaluating Online Course2004
- x University of Detroit Mercy-Suturing workshop for the primary care settized
- x University of Detroit Mercy, McAuley School of Nursing, and Lambda Zeta Chapter of Sigma Theta Tau, Disaster Preparedness: Medical Reserve **2604**n.
- x Jansen Pharmaceutical The use of Topamax for migraine headac 2004
- x Eli Lilly Pharmaceuticals Treating osteoporosis with Avista and For 20004